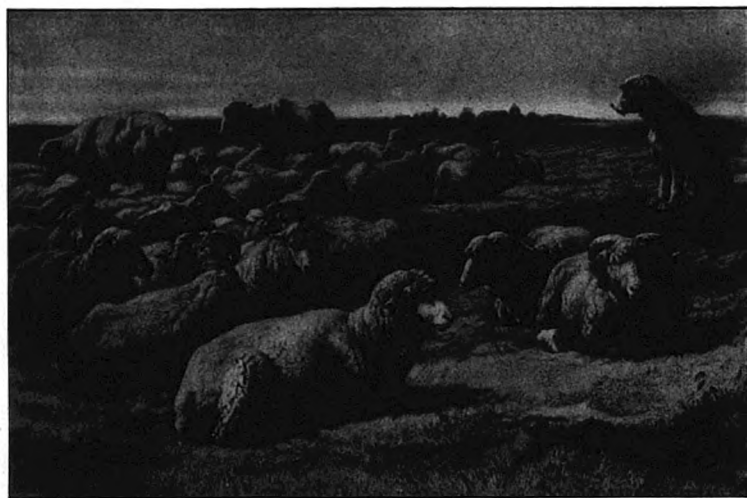


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# THE STELLAR RAY

A MAGAZINE FOR THINKERS

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# Editorial Department

## The Great Object of Life.

The great object of life is to attain experience, and in passing through these experiences, to cognize their bearing upon the real and permanent, and the relation of one experience to another; to distinguish the soul's experiences and consciousness from the physical, and so to gradually mould the life to respond only to the higher unfolded consciousness, applying the knowledge obtained intelligently.

What one may sometimes consider as failure or a mistaken action may be just the very experience his soul has lacked, and if the contact with error either in judgment or morals has brought pain, disgrace or suffering in its train, so-called from a worldly standpoint, the individual is really so much the richer in obtaining this salutary lesson, and if taken advantage of, places him so much nearer the goal of wisdom obtained through this very pain. There can be no failure from the standpoint of the life real, only failure as observed from the side of form and from below.

We may realize in time that the true purpose in life is first to understand life, and then in seeking to shape the life in accordance with this knowledge attained, and in striving to live as befits the sons and daughters of God, utilizing the divine force to overcome the animal senses, to subjugate selfish desires, thus thoroughly purifying the mirror of the mind, that the divine wisdom of infinity may be reflected clearly and perfectly to the individual.

It will be observed that universal brotherhood and unselfish efforts for others will have a great bearing in the gaining of this higher wisdom; in truth it is the first necessity in order to exhaust the experiences of this lower plane of life alone to traverse individually through every root or typical form of existence until each experience is garnered.

Let us consider for a moment the human kingdom. The divisions are quite distinctly marked, that is, races, branch races and sub races, and in each branch there are in-

numerable individualities, and as we know astrologically, there are in each individuality innumerable phases of character. Now consider for a moment if each individual took an incarnation, for every such experience the number of reïmbodiments on the earth during one round alone would be beyond human calculation, and as we have learned heretofore, there are seven such rounds on this chain of globes, and this chain only numbers one of this solar system.

Thus it may be realized how impossible and improbable such conditions would be, and failure in the one expression might create the very conditions essential to the attainment of knowledge, that is, we refer to so-called failure, although we know well that considered from the standpoint of the higher understanding of wisdom, no earthly lesson can be failure except it may be the failure to understand and comprehend sufficient to profit by the lesson given.

In order that it may not become necessary to repeat the experiences for its realization, however, when mankind arrives at that point where he really practices universal brotherhood, it will necessarily further the growth and development in every way. In this the fifth race and period there are many nations, European, Hindu, Chinese, African, etc., and one must naturally conclude, if judging from the standpoint of the reincarnationist that it will be absolutely necessary to incarnate severally in these various nations in order to get hold of the salient characteristics of each; as for instance, one could not obtain a European experience by being born a Chinaman or vice versa, while in the same nation there are so many varieties and species, that were the individual obliged to incarnate in each and every one in order to obtain these various characteristics manifested there would be no ending.

It may be realized that in the practice of universal brotherhood, the great sympathy that would naturally be felt for others would enable the individual to put himself in the place of another to some extent



at least, and thus obtain all the experience that would be essential in preparing himself for the change to higher conditions, and considered from this point of view it will be seen that the wider the range of sympathies, the greater becomes the sphere of experience, and as it is experience that is the teacher this is the position man must seek to create.

There is no question that universal brotherhood must be created here on this Earth plane in order to enable humanity to unfold its consciousness to a condition where love and sympathy will exist, and be manifested toward those individuals who are in need of some strong, forceful but sympathetic character to aid them out of influences in which they seem to be held, and in forming such conditions all parties concerned are benefited thereby, for it is experience that must be obtained and a great majority of the world live too much for self. But we know that the more the sympathies are manifested toward our fellowmen, the greater becomes the range of experience, and with experience comes knowledge, love and wisdom, until finally the individual becomes permeated with a feeling of universal sympathy, and the result is that he becomes absorbed in the universal law of harmony, peace and love, while, on the other hand, in seeking to aid self only, or in the expression of selfish motives the real evolution is only retarded.

The great difficulty has been in the past, and the same condition exists today to a great extent, each individual is ready to share the other's pleasures, but never cares to share his sorrows or pain, thus narrowing his range of experience when he should really take advantage of the opportunity to gain knowledge, and in this manner he closes, so to speak, the window of his soul, through which those bright rays of sympathy can enter, thus depriving himself of the opportunity to do good and mitigate the sufferings of another by introducing his own higher influences at a time when they shall accomplish good and grow.

It is not a question of whether the one benefitted will appreciate the favor, it is a matter of performing one's duty, and if each one were to stand on this point and wait for the world or his neighbor to grow

to a realization of these laws where he could truly appreciate, he would wait an infinite number of years, and this is the great difficulty today.

The individual in failing to perform his duty offers a determined resistance to the natural law of love and harmony, by which the strings of one heart respond to a corresponding vibration of joy or sorrow in the hearts of others, and each time he builds a wall between himself and others that becomes stronger until an impenetrable barrier is thus raised, and growth through exercise being a law of nature, the sympathy in him for the sorrows of others becomes atrophied, so to speak, for want of use, but at this stage of the world's evolution sorrow preponderates in men's lives, so at last even his ability to share in the pleasures of others becomes less and less, for the reason that those rays of sympathy cannot pierce the thick walls of selfishness that show the dark brown vibrations, and finally the individual, unable to sympathize with others and finding none in himself, is really in a pitiable condition which he must work out, through a higher expression.

*Science and Key of Life.*

### Sonnets on Religion.

O let the superstitions of the past

Die out, and let the light of Truth have sway!

Let us fair Reason's mandates all obey,  
For God gave Reason! Let all fear be cast  
Aside, and let us have true faith at last!

O may I see the dawning of the day—

Sure, sure, to break upon the dubious fray—

When man's religion shall be anchored fast  
To Reason; when one universal creed—

The creed of Truth, free-washen from  
all smirch—

Shall reign; when our frail barks shall  
reel and lure

No longer on a darksome sea; when, freed  
From fear and prejudice, a peace indeed

Shall all hearts find in God's eternal  
Church!

All creeds that are, are relics of past ages:

Fossils they are, cast on the shore of  
Time

By th' ever-restless waters; pearls, with  
slime

Of superstition fouled, to vex the sages.  
Yet o'er them what a controversy rages!  
Let's wash the pearls!—Nay, nay! As in  
the prime

Let them continue, for a faith sublime  
Lived in those shells!—Ay, but such  
dwelling cages  
The heart of today; it needs a larger  
home.—

Thus, ever and ever, the same old story  
goes—

We would, and yet we would not, wider  
room,

We would, and yet we would not, bear  
the throes

Of leaving our scant walls for Heaven's  
dome.

Yet we shall leave them, this the Father  
knows!

The Church of God! wide as the human  
heart,

And boundless as the firmament, it is!

There's room enough for all in it, I wis;  
None must perforce disconsolate weep  
apart;

'Tis in the desert, and in the busy mart;  
All may partake the fullness of its bliss,  
The only passport into it is this—

The love of God. From whence so e'er we  
start,

Our pathways all incline to Him at last:

For God is Truth and Goodness, and our  
feet,

Though tangled oft in sands of Sin we  
meet,

Yet, weary, stumble onward, slow or fast,  
Toward Virtue's goal; till all the snares  
are past,

And we repose in Heaven's sunshine  
sweet.

The creed to which I set my name, must  
bear

Within it, like our Constitution, clause

For its amendment. Noble Reason's  
laws

Must be its guide and mentor everywhere;  
To blind belief I cannot safely swear.

Ah! it is well to ponder and to pause:

Faith without Reason is a cloak of gauze,  
That the wind blows away; it shows most  
fair,

But shields not in foul weather. Come  
what may,

"I seek the Truth" can never lose its  
power;

"I seek for God" fails not in sun or  
shower;

"I will do right" is with us night and day;  
"I'll live as though immortal," let us say,  
And we shall have Heaven with us  
every hour.

—By Mary Isabel Wymore.

Dubois, Illinois.

The National New Thought Alliance will hold its annual convention the third week in June, from the 18th to the 25th inclusive, in the city of Omaha, Neb. It is held there on the invitation and under the especial hostess-ship of the Omaha New Thought Fellowship, re-enforced by the invitations of Mayor James C. Dahlman; the Omaha Commercial Club; the National Association of Suggestive Therapeutics, Dr. F. Z. Magarrell, President; the Omaha Psychological Section of the Omaha Woman's Clubs, Mrs. Mary B. Newman, Chairman; the Omaha Philosophical Society, L. J. Quinby, President (and editor of "The Chancellor"); the Omaha Theosophical Society, Burd F. Miller, President, —and an outpouring of cordial invitations which promise to make this one of the most successful meetings in the history of the Alliance. A record-breaking program is in progress of preparation. Locally the arrangements are in charge of Alfred Tomson of the Omaha Fellowship, editor of the Fellowship Messenger, lessee and manager of the Lyric Theatre, in which the meeting will be held.

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If any of our readers desire detail information in addition to or in advance of what may be given by the New Thought press, we suggest that they write Alfred Tomson, Suite 21, Baldrige Blk., Omaha, Neb. Mr. Tomson will issue three special convention editions of the Fellowship Messenger, the April issue being the Invitation Edition," May, the "Information Edition," and June the "Program Edition," all handsomely illustrated.



### An Occult Law Governing Health

Those who desire to increase their own vitality and to aid their fellows will find the following practice to yield surprising results if reverently undertaken with the mind open to the marvelous latent possibilities of nature. To secure best results there should be set aside a half hour each day for relaxation and meditation. During this period breathe deep, mentally asserting *My being is overflowing with currents of pure vitality.* Repeat slowly seven times, realizing that you are absorbing the great life principle through every fibre of your being, not only the physical but also the mental and spiritual faculties are absorbing the power which nourishes, sustains and creates life.

A realization of this truth with each deep inhalation vitalizes unused brain cells, awakens the dormant spiritual nature just as the sun's rays open the closed petals of the rose, that its life of beauty and fragrance may be attained. Practice the above for ten minutes, then for five minutes with forceful thought, *I send outward to suffering humanity vibrations of Godlike health.* By thus absorbing and sending forth this vital force you develop a power that the man who breathes only with the physical organs knows nothing about.

Call to mind a clear vision of some individual whom you desire to help and there direct the outgoing vibrations and the influence will reach and benefit the one in mind if earnestly practiced.

Formulate a simple rhythmic method of absorbing and then sending out health vibrations into different channels. As a

musician blends his theme with complicated variety of tone formations, so will this practice in a broader varied form, increase the absorbing capacity, and strengthen the power to send it outward as desired. This principle will act in harmony with the law of abundance, also of cheer and courage, in times of despondency, for self and others.

Just as a musician strengthens his fingers by practice one may acquire facility in the use of these masterful faculties of being. And just as a wise teacher warns of too prolonged exercise of the unaccustomed fingers, so must the practice for the development of the higher faculties be undertaken with moderation, for such is the law of nature.

Man's organism is "an instrument of ten thousand times ten thousand strings."



### Fret and Patience.

By Oriana.

Fret is a discord marring the day,  
Patience, sweet music charming the way.

Fret is a brier entangling the path,  
Patience a balm for the tried spirit hath.

Fret is a fog-bank endang'ring the night,  
Patience a beacon shedding its light.

Fret is a will-o'-wisp luring to dole,  
Patience the loving guide strengthening the soul.

Fret is a thorn, wounding the side,  
Patience a lover that never will chide.

Fret is a cancer corroding the life,  
Patience the sunshine banishing strife.

Fret is the nightshade poisoning the air,  
Patience the fountain of virtues rare.  
Who would choose Fret, with Patience so fair?



### Deep Breathing.

Oxygen is the only natural disinfectant. It should be taken freely. The only way we can take free oxygen into the blood is by breathing. Breathe deeply. Practice not only chest breathing (says the "Family Doctor"), but abdominal breathing. Keep

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 Of superstition fouled, to vex the sages.  
 Yet o'er them what a controversy rages!  
 Let's wash the pearls!—Nay, nay! As in  
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Let them continue, for a faith sublime  
 Lived in those shells!—Ay, but such  
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The heart of today; it needs a larger  
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Yet we shall leave them, this the Father  
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the blood well supplied with oxygen. This will prevent the diseases that are a result of an excess of carbon in the blood. It will prevent rheumatism and skin diseases, as well as consumption and lung diseases. Everyone should have some latent lung to fall back upon in case of pneumonia and consumption, and deep breathing practised in moderation several times a day is an excellent hygienic practice. It will do more towards preventing disease, both chronic and acute, than all of the antitoxins and antiseptics that were ever invented.—*Health Record.*

\* \* \*

### Pray.

BY ORIANA.

Pray; and cease not praying,

You whose lips are true;  
The Saviors of the world  
Hear earth's loud wailings,  
and prayers are ever due.

Pray; for the words are living,

And what they will create;  
The prayer for health will save the sick,  
The prayer for love melt hate;  
'Tis wrought by prayer, not fate.

Pray; and powers shall topple

That bind the good and great;  
Pray, and shackles fallen  
Release the town and state,  
And greed and pride prostrate.

Pray; and spring to action,

For words are living things;  
Before the call is the answer,  
And that you ask you win.

O pray; and the light that lingers

Bursts o'er the heads of men,  
And the weary wait of ages.  
Rounds in a great Amen.

\* \* \*

"The criminal law is founded on vengeance. It treats all criminals as born criminals, incorrigible and unforgivable. It is designed to save property, not to save men; and it does neither. It makes more criminals than it crushes. I believe that the methods of our juvenile court could be successfully applied to half the criminal

cases on our calendars. The majority of our criminals are not born but made and ill made."—Judge Lindsey, of Denver, in *Everybody's Magazine*.

\* \* \*

### Thoughts Are Things.

Dr. F. A. McCallum.

London, Ont., April 19, 1911.

Stellar Ray.

Dear Friends:—I think if the enclosed clipping were to appear in *Stellar Ray* it would increase interest in The New Thought Movement in London.

The lecturer, Dr. McCallum, is a professor in the Medical Department of the Western University of this city. The lecture has also been given before the Baconian Club, which is composed principally of lawyers, ministers, doctors and professors. Several years ago Dr. McCallum, in addressing a convention of medical educators in Montreal first urged the placing of psychology in a more prominent place in medical college curricula.

Sincerely,

V. DEWITT ROWELL.

In an intensely interesting lecture on "Mental Achievement," Dr. McCallum gave to the young men's club of the First Methodist church, who sat before him, and drank in his every word, the message of the new psychology, with its gospel of success and efficiency.

"The mind is like an orchard," he said, "and like a tree needs to have its dead and superfluous branches cut out. Don't plant too many things in your mental soil.

"Mind is an indefinable subject. It is as large a thing as you can think of. Mind has existed from the very beginning of the universe, and life has probably been on this earth for 100,000,000 million years at a conservative estimate. All science practically accepts evolution, and, after all, it is the best conception of God to believe in evolution.

#### THE HUMAN BRAIN.

"The 900,000,000 cells in our brain, we have when we are born, and their number is never increased, but on the other hand some of them die.

"If parasites tend to prey upon your mind, spray them in the blossom stage. It



will be too late when the fruit has formed. The pre-human emotions, anger, hatred, worry, envy, and jealousy, were splendid things for the wild beasts of the jungle, but they are exceedingly bad for you.

"There is a world below motion, there is a world above motion. There is a world we cannot see, hear, taste, or smell. And the mind is growing to attain this world. It has probably taken 300,000 years to grow color on the brain. Man is largely the result of his environment.

"If you use the animal passions they will destroy you. Anger kills, worry destroys. Experiments have shown the brain cells of rabbits subjected to worry to have developed a state of 'rotting.'

"Cultivate the moral sense. If a man would heal himself, he must develop his moral sense.

#### THE LAWS OF NATURE.

"When we travel away from hope, confidence and trust, we destroy our efficiency. The laws of nature are made up of habits. Character is habit. Don't enter extremes on any subject. The radical of youth frequently becomes the conservative of old age, and the saintly young man often becomes the profligate in later life. Excess of anything is weakness. Total abstainers are the greatest eaters. Follow a middle course.

"All things are habits, and the prehuman emotions if not indulged will die. Cultivate their opposites. Cultivate love, faith, hope, the moral sense, believe in everything, love everything, have courage, but the right kind of courage.

"Efficiency depends on self-control. Self-control depends on the abolition of selfishness."

#### CAUSE OF INSANITY.

Here Dr. McCallum quoted the late Dr. Richard Maurice Bucke to the effect that insanity has its rise in selfishness and suspicion.

"Aim at concentration, not diffusion of effort," continued Dr. McCallum. "Have at least one ideal statement and live up to it. Many men have been saved by a saying. Work, for work is the greatest thing in the universe. A high state of nutrition is necessary for efficiency, for on this depends a strong personality. Be careful of

your speech, for half of self-control lies in the control of speech. Above all, don't be discouraged. It takes two years to change a man's mental system. I don't believe in people being cured suddenly of strong drink or evil habits. If you want to be free you have got to build up so high that evil will not reach you. Learn to minister unto yourself; it is useless to teach people unless you teach them to help themselves."

#### MAN'S MORAL NATURE.

Quoting in part from "Man's Moral Nature," by Dr. Bucke, Dr. McCallum concluded his lecture by stating that morality, religion, happiness and health were four names for one thing, moral uplift. "Love all things because they are worthy to love."  
—*London Advertiser*.

There are avenues of intercourse with nature of which the universities know nothing, and every avenue by which the great forces and organization of the universe may reach us, is an avenue for development. Every sense is a contact and a contact by which the infinite reaches us, with an ever developing energy; flowing in and becoming a part of us.—*Health Reporter*.

#### Be Glad.

Be glad for the sunshine,  
Be glad for the rain,  
Be glad for the joy,  
Be glad for the pain,  
Ever make gladness  
Your keynote in life,  
It will aid you to conquer  
All sorrow and strife.

—*Estella Buhlinger*.

#### Smile On.

Verne Dewitt Rowell.

When you're clean gone tuckered out,  
'Taint no use to fret and pout;  
Chase a smile around your face,  
Hit it up a brisker pace,  
And be glad.

When you feel you'd like to die  
And go soaring to the sky  
In an angel's fond caress,  
Keep a-thinking happiness  
And smile on.

## Contributions

### "The Milk of Human Kindness."

Madame du Bois, Mount Carmel, Conn.

The pessimist gives his face another sour twist, and remarks to people who are tired of the sight of him, "The milk of human kindness has been pretty thoroughly skimmed."

Now see here, Mr. Pessimist: The mortgage on your place was foreclosed, you could not raise it and you lost your home. It did happen to be you at this time; but there are many mortgages that really should be foreclosed, from a business standpoint, but they are not simply because someone wants to be kind to somebody else; and the world is full of just such kindness. Besides, whose fault was it that you were placed in such a position? Why was your credit no good? *You know.* Don't blame anybody else.

Yes, I know, an old man bedridden for years, was set out on the sidewalk together with his furniture, because he could no longer pay his rent; but many came to his rescue. He was taken into a neighbor's home at once, given a lodging and tenderly cared for. Even though the woman lacked the heart to tide the cripple over for a few weeks, others proved that there is an abundance of kindness in the world.

You will not go to church because old deacon So-and-So is a hypocrite; and another "good Christian," as you call him in derision, "did you" out of something or other. Well, stay away then. You hurt no one but yourself. The church universal is just full of good people who never did you a mean turn. You are simply spoiling your own peace of mind. I doubt very much if "the church" has missed so small a man. Man alive! You are too easily disgruntled. Twist your face the other way. You have looked at the wrong side of everything for so long that you are blinded

by the dust of it, and fail to see the larger right side. You see a little wrong action on the part of somebody and you think of it and talk of it until "complications set in" with each repetition of his mistake of a hair's-breadth; while you would probably have gone a mile out of the way, had the temptation been yours.

Kindness crops out where one would least expect it. At the busiest section of New Haven, a traffic director, when asked the way to a certain street, took time to add to the simple direction: "Walk on this side of the street, Madam,—*it's the sunny side.*"

It was the experience of one who was ill that her washwoman left her mountain of work and traveled miles to visit her mistress in the hospital; and did many kindnesses for the rest of the family. For money? Oh, dear, no! Out of the goodness of her heart. A shop-girl wrote her the most beautiful letters, and spent money for flowers that was earned in agony of spirit, because the one who was ill had befriended her years before. The kindness of prosperous friends was to be expected; but the other cases help to prove that the world is full of loving kindness.

A friend who was educated in Paris remarked of a neighbor of mine, "But she has no education." To be sure, she has little book-knowledge, though she has all the needs to fill her position in life; but she literally loves her neighbor as herself—any old neighbor. She has given shelter to those whom I have turned away; she speaks well of those who have fallen in life's battle—for whom others have no kind words. The Parisian lady's manicured fingers toy with her fancy work, and her lip slightly curls as she thinks of her country sister's hands and nails, roughened and torn by toil—much of it unpaid service for others.

There are qualities of heart that are in-

finitely greater than scholarship; and the one possessing them is one to whom we go when we are in trouble, when we would not dream of imposing ourselves upon our scholarly friends.

The kindness of heart found among the educated and wealthy is only more potent than in the lowly because of larger opportunity. When one gives all one has to all one can reach, one can do no more—in any station in life.

The majority of people fairly vibrate with kindness of some sort—each in his own way—and I believe that people without this quality of heart are the exception, not the rule.

*Love* is the fountain from which the milk of human kindness flows: Like "mercy"

"—— it becomes

The throned monarch better than his crown."

\* \* \*

### We Get What We Aspire to.

Editor Stellar Ray:—Real disciples of New Thought will not attempt to "convert" those who differ from them in opinion. When thinkers and students and reformers get ready for New Thought, it will come to them. No use to force it upon them, or pump it into them before they are ready.

When people catch a sound of that matchless symphony,—when once they dare to look in upon the secret soul of things in the heart of the universe, they will gladly enter the temple of their own accord.

Until the mind is ready for a new plane of life and activity there is no logic in trying to force that mind to accept it. We must grow into all great development—the world must climb upward slowly to the supreme degree of perfection.

When, the women get ready for the ballot, and really desire the ballot, they will get it without effort. When the people of the United States really tire of the liquor traffic and mentally advance beyond the standard which tolerates this evil, temperance and health and sanity will come without effort. When the people of China, Russia and other monarchies grow to understand liberty and enlightenment and really,

dearly desire these, they will come in a night. But it would be dangerous to force these blessings upon the oppressed hordes before they were ready or prepared for them.

We get just what we build for—just what we aspire to. And when our mental state is right, the thing desired comes unannounced without our effort.

Respectfully,  
BERT HUFFFMAN.

Langdon, Alberta, Canada.

\* \* \*

### New Thought, Ancient Magic Spiritualized.

Recently it has been stated that materialism is in reality spiritualism and has Haeckel as its greatest exponent, if so it only shows shift in angle of application for our New Thought is in fact a recrudescence of ancient magic fitted to meet the demands of the soul of man from both spiritual and scientific point of view as it recognizes the "I" as but a part of the universal "WE." The magi or astrologers of old were in deep communion with those living forces that hang as jewels on the breast of outer space and were inspired by their light from afar to give utterance to those grand metaphors such as found in Book of Job. Today those songs are turned to practical application, as we read of action of inter atomic energy, see plans for abolition of common drinking cup with all its horrors, observe the workings of the mind as it rules the body and become aware that scientific management is boon to both employee and employer. Apollo, Orpheus, Arion, Democritus and Theophrastus all are represented in our modern idea of suggestion. Magic that had its beginning in devil worship now is Satan put to right use, not more of the same but less of something better. We draw in modern thought on the old Chaldeans that "Thoughts are Things With Both Life and Wings," from Finns and Shamanism that "Dis-ease is Evil," a lack of harmony; from the Persian that "A Universal Law Governs the Universe." Egypt gives to us idea of "Supreme Unity," that "Man is a Microcosm in which God the Macrocosm recognizes himself." And it is Odin of Scandinavia

that foreshadowed our doctrine "It is only in actions that we truly live, and by our actions that we truly know ourselves." All these ideas have been handed down to us colored with culture of Grecian thought. Today we scientifically put to use these messages once a part of ancient magic, New Thought transmuting the past into blessings for the future. As today is the day of woman so soon is to be day of the child. Mind rules form of matter in all functionings of the body. We create mentally today the physical of tomorrow every "soul cell" responding to mind image of desire, which, if continued, causes a state of fixation, a permanent record. We till the soil, prepare stock for issue, is a babe of mental or physical birth less than a carrot or a calf?

Dr. Littlefield in speaking of the writers recently discovered "Law of Telepathy or Mind Creation" says, "It furnishes us with a scientific explanation of psychic phenomena such as Christian Science, suggestive therapeutics, etc. We will soon know how

to transmit to our children perfect mental harmony and physical health." Huxley says "Like begets like, as the parent (mental) so the offspring." Wettstein in "Telemechanics" says of the mind, "Both sub and supra (soul) element exercise full control over psychic element of their atomic and molecular constituents." And the originators of these ideas that invigorate our New Thought are magi of old. So each and all can ask and be answered in the silence—"Oh, mighty one, who art thou, that thy glance can circumvent heredity—cheat chance, and conquer nature? What thine occult law? Art thou incarnate force—the over soul? The answer comes—"I am self control."

H. S. LEVALLEY, A. T.

Editor Kankakee (Ill.) Telepsychist.

N. B.—To those "Stellar Ray" readers who are interested in constructive, not aimless, creation an "explanatory skit" of law will be sent for 10c in stamps.

H. S. L.

## Stellar Science Department

### NO STAR IS EVER LOST WE ONCE HAVE SEEN.

Have we not all, amid life's petty strife,  
Some pure ideal of a noble life  
That once seemed possible? Did we not hear  
The flutter of its wings, and feel it near,  
And just within our reach? It was. And yet  
We lost it in the daily jar and fret.

But still our place is kept, and it will wait  
Ready for us to fill it, soon or late.  
No star is ever lost we once have seen;  
We always may be what we might have been.

—Adelaide A. Proctor.

### Were You Born in the Zodiacal Sign Gemini?

Henry Clay Hodges.

If you were born between the 20th of May and the 21st of June, the sun was in the zodiacal sign Gemini, and you will recognize some of the following dominating characteristics as your own, although the sign rising and the influences of planets in your chart would modify them somewhat.

The sun in Gemini, or Third house, strengthens the intellect and inclines the native to the pursuit of literature, science or art and to follow some occupation connected with these. It favors educational, secretar-

ial and clerical work, writings, documents, letters, literary work of a short or ephemeral kind, such as in magazines, newspapers, means of transit, the postoffice, etc.

Gemini is a fairly strong sign, giving length of form and active body. They are restless and unsettled, ever on the move, often with two things in hand at the same time; hence they become bothered and worried and bring upon themselves nervous diseases and troubles arising from disordered blood.

They are dual, and their true nature asserts itself, causing them to suffer in mind and body at the same time. They are fretful and peevish at times and take on the

troubles of others, quite unconsciously.

Their medicine is rest and less activity. They should strive to become more concentrated and avoid upsetting the body in trying to be in two places at the same time.

The mind is versatile and fond of change, but positive and strong. The native somewhat ambitious and aspiring, may turn to public work connected with education, local politics or public speaking and lecturing.

He is fond of moving about, of walking and of short journeys, principally by land. He finds friends among literary people and others signified by Gemini, and may join some secret society or association, the activities of which are those of Gemini.

He may be the most clever or best educated of his family. It gives several brothers and sisters. This position also signifies the birth of twins and a double marriage, as Gemini is a double sign.

It is the personality of kindness and benevolence; capable in elegant gesture and graceful activities. Perhaps no other nativity has as wide a range of choice of activity as this sign. This mentality is the mentality of elegance of habit, just as Pisces is the mentality of elegance of taste in appointment.

The Gemini nature is generally fortunate in its marriage choice, its Chord being Aries or its response Libra—in other words, a harmonious marriage of the Gemini person would be with one born from March 21st to April 19th, or between September 23rd and October 22nd.

Gemini is an airy sign and those born under airy signs, either by the rising sign or by having the majority of the planets in airy signs, require abundance of fresh air and artistic surroundings, as they are essentially refined in nature. The higher the tone of their mental conditions, the better will their health be. They should associate themselves with cheerfulness, brightness and hope.

It is quite essential for them to change the mental vibrations when depressed or before becoming wearied or depressed. With them the artistic and beautiful will always act as a tonic, and before taking drugs into the system; they should take care to have the mind in order.

Living as they do in their mental or

mind-body, they should make refinement and harmonious surroundings their first care.

We suggest to our readers that they take a range of their friends and acquaintances born between the 20th of May and the 21st of June and see if the above does not describe their characteristics in the main.

\* \* \*

## The Chemistry of Gemini—May 20th to June 21st.

By DR. GEORGE W. CAREY.

One of the chief characteristics of the Gemini Native is expression. The cell-salt *kali muriaticum* (potassium chloride) is the mineral worker of blood that forms fibrine and properly diffuses it throughout the tissues of the body.

This salt must not be confused with the chlorate of potash, a poison, chemical formulae  $KClO_3$ .

The formulae of the chloride of potassium (*kali mur.*) is  $KCl$ .

*Kali mur.* molecules are the principal agents used in the chemistry of life to build fibrine into the human organism. The skin that covers the face contains the lines and angles that give expression and thus differentiate one person from another; therefore the maker of fibrine has been designated as the birth salt of the Gemini native.

In venous blood fibrine amounts to three in one thousand parts when the molecules of *Kali mur.* fall below the standard—the blood fibrine thickens causing what is known as pleurisy, pneumonia, catarrh, diphtheria, etc. When the circulation fails to throw out the thickened fibrine via the glands or mucus membrane it may stop the action of the heart. Embolus is a Latin word meaning little lump, or balls, therefore to die of embolus, or "heart failure" generally means that the heart's action was stopped by little lumps of fibrine clogging the auricles and ventricles of the heart.

When the blood contains the proper amount of *kali mur.* fibrine is functional and the symptoms referred to above do not manifest.

Gemini means twins. This sign was rising when the Declaration of Independence was being signed: The astral colors of



Gemini are red, white and blue, while those who made our first flag and chose the colors, personally knew nothing of astrology. Yet the Cosmic law worked its will to give America the "red, white and blue."

Mercury is the governing planet of Gemini. The gems are beryl, aquamarine and dark blue stones. In bible alchemy Gemini represents Issachar, the ninth Son of Jacob (the word Jacob is from a Hebrew word meaning circle; so it would appear that the sons of Jacob are the 12 zodiacal signs, or suns), and means price, reward or recompense. In New Testament symbolism Judas is the Gemini disciple. Judas means service or necessity. The perverted ideas of an ignorant and grafting priesthood covered Judas with infamy, but in the now dawning Aquarian Age the beautiful symbol will be understood and Judas will be loved as the "chiefest among ten thousand and altogether lovely."



## The Outlook for June, 1911.

By FREDERICK WHITE,

President National Astrological Society of the  
United States, also Editor of the Adept,  
Crystal Bay, Minn.

The New Moon for June occurs on the 28th of May at 12:18 a. m. Chicago standard time, and the full of the Moon on June 11th at 4:07 a. m. Chicago time, or one hour earlier for Washington time. At the time of the New Moon, the Sun is forming no close aspects, we will be under the influence of the Moon of May till as late as June 27th when the Sun will come to a trine of Jupiter and start a more active and favorable business period generally. On account of no close aspects at the time of the New or the Full of the Moon, the outlook is quiet during June, not as much activity to business, not as much confidence among the well to do classes, not as much new work in sight for the working classes. At the same time, the outlook in my judgment is not unfavorable, as at the time of the New Moon, Aquarius was ascending making Uranus the ruling planet for the month, and Jupiter the high planet in the Horoscope. This is a fairly good indication, considering all others. I shall expect a feel-

ing of contentment with good expectations, with brighter indications for the fall than we have had for the past year or so. The position of Jupiter retrograde, and in close opposition to Saturn is an indication of falling prices to some extent, cereals and stocks being nervous and unsettled, and speculators considerably in doubt, stocks probably being quite weak off and on and the cereals not having the customary strength considering the dry weather. We cannot get out of the rut we are in till Jupiter turns direct and has passed the opposition to Saturn, therefore I look for large enterprises to be somewhat scarce, every one waiting for a change of some kind. The strong aspect of Jupiter to Saturn is an indication of unusual weather, too much moisture in parts of the country and not sufficient in other parts. The month of June is much better for starting important changes than May has been, but after the 28th of June is very much better than before that date, the first two weeks of July being especially good.

## The Days of June.

June 1st. Moon square to Saturn at 4 p. m. is deceiving and generally bad.

2d. No close aspects, a quiet day, and uncertain.

3d. Moon first quarter 6 p. m. changeable and unsteady, be careful. Sell.

4th. Good aspect of Venus 6 p. m. very good for all affairs, especially Sunday.

5th. Moon separating from Mars, a little deceiving and uncertain. Sell.

6th. Moon square to Neptune at 2 p. m. changeable and unsteady, sell.

7th. Moon square to Uranus at noon, deceiving, uncertain, sell.

8th. Moon opposite Saturn 5 p. m. deceiving, uncertain, avoid risks, sell.

9th. Moon opposite Mercury, active, changeable and risky, sell.

10th. Moon trine to Mars at 10 a. m. is good generally, push affairs.

11th. Moon full, is changeable, but very good for Sunday affairs.

12th. No close aspects, looks like a quiet day but may be fairly good.

13th. Good aspect of Moon to Saturn, fairly good for all general affairs.

14th. No close aspects, is a little quiet and uncertain.



15th. Moon square to Jupiter at noon, active, changeable and uncertain.

16th. Moon square with Saturn at 8 a. m. is deceiving, better in the p. m.

17th. No close aspects, is somewhat quiet and dull, not good for changes.

18th. Moon applying to good aspects, is very good for Sunday affairs.

19th. Moon square to Sun, 3d quarter at 5 p. m. is changeable, uncertain.

20th. Moon with Mars 7 p. m. is active but risky, be careful.

21st. Moon square with Neptune at 9 a. m. changeable and unfavorable.

22d. Moon opposite Jupiter at 9 a. m. is changeable, active, not good.

23d. Moon sextile with Neptune, generally good, push affairs. Ask favors.

24th. No close aspects, looks quiet, dull and uncertain.

25th. Moon sextile with Venus at 7 a. m. favors a good Sunday.

26th. Moon trine with Jupiter at 10 a. m. is generally very good, push affairs.

27th. Moon with Neptune at 10 a. m. is active, fairly good, but not the best.

28th. Moon square with Jupiter at 9 a. m. is very active but uncertain.

29th. Moon with Venus at 1 p. m. is very good after 9 a. m., push affairs.

30th. Moon sextile with Jupiter 11 a. m. is very good, push all affairs, as favors, etc.



## What Will the Coming Year Bring?

Prof. Richard Alexander.

In the daily affairs of life, you will have very many opportunities of recognizing a characteristic difference between ordinary people and people of prudence and discretion. In estimating the possibility of danger in connection with any undertaking, an ordinary person will confine their inquiries to the kind of risk that has already attended such undertakings in the past; whereas a prudent person will look ahead, and consider everything that might possibly happen in the future, having regard to a certain maxim, "a thing may not happen in a year, and yet may happen within two minutes." \* \* \*

Whatever fate befalls you do not give

way to great rejoicing or great lamentation, partly because all things are full of change, and your fortune may turn at any moment; partly because individuals are so apt to be deceived in their judgment as to what is good or bad for them.

Almost every one during some time has lamented over something which afterwards turned out to be the very best thing that could have happened—or rejoiced at an event which became the source of greatest sufferings.

Astrology makes plain why time works such changes, why all things are in their nature feeling—these are truths that should never be forgotten. Every emotion and condition has its polarity in nature even as summer is opposite winter, the rise opposite the fall, the east opposite the west. Hence, in whatever case you may be, it is well to picture to yourself the opposite; in prosperity to be mindful of misfortune; in friendship of enmity; in good weather, of days when the sky is overcast; in love, of hatred; in moments of trust, to imagine the betrayal that will make you regret your confidence; and so, too, when you are in evil plight, to have a lively sense of happier times; what a lasting source of true worldly wisdom that would be. You should then always reflect, and not be so very easily deceived; because, in general, you should anticipate the coming changes that the hours, days, weeks, months and years ahead may bring you. \*

The main reason why misfortune falls less heavily upon you, if you have looked upon its occurrence as not impossible, and, as the saying is, prepared yourself for it, may be this, if, before the misfortune comes, you have quietly thought over it as something which may or may not happen, the whole of its extent or range is known to you, and you can, at least, determine how far it will affect you; so that, if it really arrives, it does not depress you unduly—its weight is not felt to be greater than it actually is. But if no preparation has been made to meet it and it comes unexpectedly, the mind is in a state of terror at the moment and unable to measure the full extent of the calamity; it seems so far reaching in its effects that you might well think there was no limit to them and in any case its range is exaggerated. In the same way,

darkness and uncertainty always increase the sense of danger. Of course, if you have thought over the possibility of misfortune you have also at the same time considered the source to which you shall look for help and consolation; or, at any rate, you have accustomed yourself to the idea of it.

There is nothing that better fits you to endure the misfortunes of life with composure, than to know for certain that everything that happens—from the smallest up to the greatest facts of existence—happens of necessity. You soon accommodate yourself to the inevitable—to something that must be.

If you are steeped in the knowledge of this truth, you will, first of all, do what you can, and then readily endure what you must.

You may regard the petty vexations of life that are constantly happening, as designed to keep you in practice for bearing great misfortunes, so that you may not become completely enervated by a career of prosperity. Look toward the NEW YEAR with joyous expectation even as Astronomy declares "Keep your face always toward the sunshine, and the shadows will fall behind you."—*Alexander's Almanac.*



### Questions in Astrology.

*The Editor suggests that answers to Questions in Astrology shall be as brief as possible due to limited space.*

Editor of "Stellar Ray":—

Would it not be a good idea to establish a "Questions and Answers" department in the "Stellar Ray," under the auspices of the board of directors of the National Astrological Society, for the benefit of all interested in the divine science? There would be much value in such a department, and also in an illustrated chart reading each month, and as the columns would be open to all, many new points would undoubtedly be brought out.

In the first place, if a primary direction calculated to a minute fails to materialize, or the event related thereto occurs previous to the calculated time, owing to the effect of the orb, and other transits, it naturally causes one to think that if an orb is operative within a few degrees in a direction, of

what use are the minutes and seconds in the calculation? This brings up the question, how many degrees can be allowed for a direction to take effect?

Again, who can give any positive example of the actual efficiency of Pars Fortunae? There are two methods used to compute this point, and both give far different results. Both cannot be correct, and examples with proofs are wanted.

And again, as the north and south nodes of the Moon simply show the crossing of the equator, if there is no planet at either of these points, what effect do they have? Of course if any planet is in either the Moon's north or south node, it is simply in parallel declination to the Sun, but that is all.

Another question in dispute is the using of a degree for a year for all planets regardless of Right or Oblique Ascension, and yet the writer has several examples of actual events indicated by this method of directing. Then there are the so-called new aspects which are rejected by many good astrologers, and it would furnish interesting reading for those who have proofs of the efficiency of such aspects. Should any reader feel constrained to answer any of the foregoing questions it would start the department and furnish a means of perfecting and purifying the science.

WALTER H. LEWIS, D. A.

Treas. N. A. S.



### On the Surface of Venus.

William Henderson.

What do you know about Venus? The planet Venus, the bright star of the heavens? Confess now, you don't know much about Venus. Unless you are an amateur or a professional astronomer you probably don't know much more about Venus than the fact that there is such a star and that it is mentioned sometimes in the patent medicine almanacs as being the morning or the evening star of some day in particular. But you need not feel ashamed. Most of your fellow citizens don't know much more about Venus than you do.

Sisters and brothers, it behooves us to read up on Venus. Professor Thomas Jef-

person Jackson See says there are or may be folks on Venus waiting for us to send them greetings or trying in their Venusian way to communicate with us. Peering through his big telescope, Professor See has noted on Venus conditions which make him think and declare boldly that the planet is not only habitable, but is probably inhabited by some sort of intelligent beings. Professor See has embodied or imbedded his views on Venus in a volume recently issued on "Researches on the Evolution of the Stellar Systems." This is asserted to be "the only great standard treatise on cosmogony ever published and one of the most epoch-making works on astronomy that has appeared since the age of the Greeks." So you see it is a great work, and it is attracting much attention among the wise men whose business it is to study the heavens and tell us the latest news from Mars and Jupiter and Saturn and the other planets.

Professor See's standing in the scientific world is high, so high that his work has commanded the most respectful attention among astronomers and other learned folk. He is a master of arts, a master of literature, a master of science and a doctor of philosophy, and he has charge of the United States naval observatory at Mare Island, California. When, therefore, he speaks about Venus it is with the voice of great authority. He says:

"And just as the earth never rotated very rapidly and has not been appreciably retarded by the effects of tidal friction, so also Venus likewise has escaped a corresponding retardation of axial rotation and still rotates in 23 hours 21 minutes, as has been held by observers since the days of Cassini, 1667. Accordingly it follows that the conditions on this planet are more like those of the earth than any other body of our system. Mars rotates forty-one minutes slower than the earth, while Venus rotates thirty-five minutes faster, and as the former planet is about as much outside of the earth's orbit as the latter is inside there is seen to be a profound physical cause which has operated to establish the period of 23 hours 21 minutes, first inferred from observations taken over two centuries ago. The planet Venus there-

fore is habitable, and probably inhabited by some kind of intelligent beings."—*Extract from article in "Berkshire Eagle."*

♦ ♦ ♦

## A B C of Biochemistry.

BY W. S. ENSIGN, PHYS. CH.,

BATTLE CREEK, MICH.

*Whatever is sufficient to build a human body is sufficient to keep it in repair.*—*Ensign.*

Biochemistry means the chemistry of life. It is the chemistry the Creator used in building the living organism. \* \* \*

The body of a human being weighing 148 pounds is said to consist of:—

Silica—small and indefinite quantity.

Fluorine—3 drams.

Iron—3 drams.

Magnesium—6 drams.

Sodium—2 ounces.

Chlorine—2 ounces.

Sulphur—4 ounces.

Potassium—5 ounces.

Phosphorus—1½ pounds.

Lime—2½ pounds.

Nitrogen—4½ pounds.

Hydrogen—31 pounds.

Carbon—31 pounds.

Oxygen—92 pounds.

There are other constituents of the body, found in small quantities but not discoverable by the usual methods of analysis. Their presence, which was at first only suspected, has been definitely settled through the use of the spectrum by Drs. Gley, Bouchet and other scientists. We would say, however, that the complete list has not been made public, and will not be at present. All the claims we have heretofore made in regard to the additional inorganic elements of the body have been fully maintained by recent investigations.

Of the elements of the body oxygen is derived from the air, and is taken into the lungs. It is the vitalizing fluid, acting through the inorganic salts. Carbon and hydrogen are the force from foods like beans, cheese, rice, whole wheat, rye and barley breads, oatmeal, butter and other fats. Nitrogen is derived from beef, fish, beans, peas, lentils and the grains. These are tissue building foods.

The inorganic elements, like the bases of

sodium, magnesium, potassium, lime, iron, etc., and the negative elements of fluorine, phosphorus, chlorine, sulphur, etc., are found everywhere in the air, the water, the earth and in all vegetable and animal bodies. They are the active, exciting agents of all forms of life. They prepare and assimilate the food you eat, change its character to suit the needs of the system, use it and discharge the waste from the system (salts).

We would call your attention to the fact that it is through the inorganic salts that the Creator acts. An active energy impossible in fat, albumen, etc., is at once set in motion by potassium, sodium, and other salts, through the combination with the negatives. It is through these salts only that life is manifested in any form.

When a body is built it is built through the tissue salts. When it is to be repaired it must be repaired through tissue salts.

When you repair a brick house you do it with brick, and a frame house with wood. That is, if the job is to be well done. If a window glass is broken there is need of more glass. Some people stuff the broken window with a lot of rags. That is the way some people seek to repair the human body. They use a lot of material which does not belong in the human body, out of which a human body could not possibly be built, and which the Creator uses only for an entirely different purpose. \* \* \*

When the human system needs iron, potassium, lime, phosphorus, etc., it does not want them as produced by concentration in the laboratory. You will note that the body of a man weighing 148 pounds, and correctly proportioned, contains 1½ pounds of phosphorus. That does not mean that he has that much crude phosphorus located somewhere in his anatomy, but that it is combined with sodium, potassium, magnesia, iron, and other elements and diffused throughout the entire system. There is not an atom in your body which does not contain phosphorus. And you will notice that there are three drams of iron. This is a small quantity, but you could not live without it. Now this three drams could not be supplied by swallowing nails. Nor can it be taken into the system out of many crude solutions intended to supply a lack of iron. Some of these will supply three drams in a dose or so, and keep it up for months. The body ought to be full of iron, but it is not. It goes no farther than the alimentary canal. \* \* \*

When the body is short of iron that does not mean that it needs a grain. That is sufficient to cause trouble.

You will notice that there are 92 pounds of oxygen in the body, but how long would you live if your breathing was stopped, and the fresh supply cut off. And still the shortage which causes death would not be one pound out of the ninety-two. It is the constant supply which is necessary.

## Four Guardians of Heaven.

By STUART ARMOUR.

The Persians so termed the fixed stars, Regulus, Antares, Aldebaran, and Fomalhaut, for these marked the four cardinal points, Aldebaran for the East, Antares for the West, with Fomalhaut standing for the North and Regulus for the South. These stars are all close to the ecliptic with the exception of Fomalhaut and they are all about six hours of Right Ascension apart. These are also often termed the four Royal Stars.

Regulus which is also often called the Heart of the Lion for it was supposed to mark the place of the heart in the Constellation of Leo. This may have been so in ages long past when perhaps this star grouping bore some resemblance to a lion but this constellation now takes the form of a sickle with the curving blade open towards the West with its handle downwards and with Regulus shining at the end of this handle. Garrett P. Serviss in "Astronomy

with the Naked Eye" states, "Regulus, or Alpha, (α), usually ranked as of the first magnitude, but in reality of less than the standard brightness. Still, Regulus is a conspicuous and beautiful star, and, lying very close to the ecliptic, it is sometimes occulted by the moon. This star has been famous in all ages. Copernicus bestowed upon it the name it now bears, a diminutive form, says Mr. Allen, of the earlier name Re, which arose from the ancient belief that it ruled the affairs of heaven. In English it has often been called the Royal Star. \* \* \* Nearly all of the old nations saw a lion in this constellation. According to the Greeks, it was the celebrated Nemean Lion slain by Herakles. In India and in Egypt it was always represented in the zodiacs by the figure of a lion. \* \* \* The Lion was the symbol of the tribe of Judah, and the constellation is found in the Hebrew zodiac, where it is the twelfth or last sign instead of the fifth. Allen calls attention to a remark of Landseer that the association of Leo with Judah arose from the fact that Leo was Judah's natal sign, and as such was borne on the signet ring which he gave to Tamar. In the Middle Ages Leo was identified with Daniel's lion. Dr. Seiss develops in detail the connection of Leo with the lion of the tribe of Judah, and, referring to the Apocalypse, he says that 'what is thus pictured in the last book of the Scriptures is the same that was fore-intimated and recorded in this last sign of the zodiac before any one book of our present Bible was written.' As in China everything goes by contraries, the Lion of the zodiac was there regarded as a Horse. Regulus has always been a fortunate star with the astrologers, while Denebola at the other end of the constellation, is an unfortunate one."

Science and Key of Life gives the nature of Regulus as that of Sun with Uranus while other books give it as the nature of Mars but from the character given of it as raising men to power perhaps the former description is more correct. However, it is agreed that it bestows "glory, wealth and great honors," when in a strong place at birth. People born around August 21st and 22nd have this star with the Sun and if the planetary indications are favorable

come to considerable worldly honors it is said. John B. Gough, born August 22nd, 1817, had this star with his Sun and rose from a common drunkard to a lecturer of world-wide repute.

#### ANTARES.

Antares, the Heart of the Scorpion, called by the Chinese, "The Great Fire," on account of its flame-like color is very conspicuous in the Constellation Scorpio on clear summer nights to the southward. This is one of the constellations that still bear some resemblance to its namesake for it does remind one of a Scorpion as it seems to crawl along the sky "stretching the stumps of its sundered claws towards Libra." To quote again from "Astronomy with the Naked Eye," "Scorpio, in Greek fable, was the scorpion that stung Orion's heel when he was battling with the Lernaean monster. Aratus speaks of the fiery sting of the huge portent, Scorpio, in the south wind's bosom." It may have been the color of Antares which led the old alchemists to believe that iron could be transmuted into gold only when the sun shone in the sign of Scorpio. But the astrologers did not regard it as a fortunate sign; quite the contrary, indeed, for it was said to have been the birthplace of the baleful planet Mars, and his 'house.'

'Bright Scorpio, armed with poisonous tail,  
prepares

Men's martial minds for violence and wars.

His venom heats and boils their blood to rage

And, rapine spreads o'er the unlucky age.'

—Manilius.

"From the 'ancient mysteries' Dr. Seiss demonstrates, to his satisfaction, that Scorpio was intended to prefigure the great conflict for the salvation of mankind, and he tries to identify it with the mysterious Chambers of the South of the Book of Job."

The astrological influence of this star is generally given as similar to Mercury conjunction Mars and it is said to give "activity and eminence." It was rising at the birth of Abraham Lincoln and was with the Sun of Mark Twain. Its longitudinal position in the zodiac is this year 8° 31' Sagittarius and its R. A. 245° 59'.



## ALDEBARAN.

To return again to Serviss' interesting book, "South and Southwest of Auriga we find Taurus the Bull, one of the most brilliant constellations in the heavens on account of its two celebrated clusters, the Hyades and the Pleiades. The Hyades adorn the head of the huge charging bull, who threatens Orion with his long horns, while the Pleiades hang on his shoulder, like a glittering banderilla. The *lucida* (the name sometimes given to the brightest star of a constellation) of Taurus is Aldebaran, a first-magnitude star; of extraordinary beauty on account of the pale-rose tint perceptible in its light. This is situated in the right eye of the Bull, and at the top of the eastern arm of the capital letter V, which is plainly marked out by the stars forming the group called the Hyades. This group is one of the most striking figures in the starry heavens. With its neighboring cluster of the Pleiades it carries us into the heart of mythological romance. Nothing can be more beautiful than these stars seen high in the mid-heaven on a clear, frosty winter's night, in the absence of bright moonlight, and when there are no powerful electric lights or other lights to dim the vision. The gem-like rays of Aldebaran are splendidly set off by the glitter of the smaller stars, which seem to have been arranged by the hand of a *bijoutier* to enhance the splendor of the principal jewel."

Aldebaran is of the nature of Mars and is said to give, when prominently placed

at birth, "riches, martial and public honors, publicity," etc. It was rising when Frederick the Great was born and so far as his case goes fully lived up to its reputation as giving martial honors and it was with the Sun at the birth of the great Patrick Henry. Its present position in the ecliptic is  $8^{\circ} 33'$  Gemini and its R. A. is  $57^{\circ} 42'$ .

## FOMALHAUT.

Of this star Serviss says, "Below Aquarius the eye is caught by a conspicuous and lone first-magnitude star named Fomalhaut, or Alpha (a) of Piscis Australis, the Southern Fish. This fish is very distinctly marked out by Fomalhaut and six or seven smaller stars arranged in a long oval on the west. Fomalhaut is in the fish's mouth. It is one of the four Royal Stars, important to navigators, and gains much by its solitary situation. Flaming above the southern horizon on a chilly autumn night, it attracts a degree of attention that would not be paid to it if it occupied a place in some richer region of the sky. It is like a distant watch-fire gleaming in the midst of a lonely prairie."

The books seem to differ on the influence of this star but I prefer to regard it as of the nature of Venus and Mercury and to accept the explanation that it is "eminently fortunate and powerful" as it agrees better with its ancient classification as one of the four Royal Stars and as one of the four Guardians of Heaven.

April 11th, 1911.

"One of the greatest curses of the world is poverty. Most people have a strong conviction that many must necessarily be poor, that they were made to be poor. But there was no poverty, no want, no lack in the Creator's plan for man. There need not be a poor person on the planet. The world is full of resources which we have scarcely touched. We are poor in the midst of abundance, simply because of our own blighting, limited thoughts."

"When we recognize that everything comes from the great, infinite supply, and

that it flows freely when we get in tune. When we get the brute educated out of us, and dishonesty, selfishness and insuperiority burned out, we will then realize the great brotherhood of man. This is Socialism."

## In Thy Hands.

ORIANA.

My times are in Thy hands,

I have no fear, I have no doubt;

All that is best to me will come,

All else will be left out.



No shadow dark can me affright,  
No enemy can me harm;  
The armor of truth clothes me about,  
The power of faith doth charm.

Ill will be turned to good,  
And harm rebound to its sheath;  
The light of love shines from above,  
The Everlasting Arms are beneath.

### "The Iroquois' Dream."

Written for Stellar Ray by *Mollie Thompson Knapp*.

As natural as the flowers in May,  
As the wind that blows away  
He knows not care—  
He knows only where the birds and their  
young stay.

He watches the brook  
He knows each nook, where the mole and  
the squirrel doth hide;  
So ever and anon  
He is gliding on with Nature as his guide.

At eve with the set of the sun,  
At the rise of the full bright moon,  
Near the great camp-fire,  
'Tis his heart's desire to listen to the tom-  
tom-tom.

He sits alone—  
His tho'ts have flown to the happy hunt-  
ing grounds for the brave,  
The eagles fly to their nests so high,  
And the tall prairie grasses wave.

He rides along, near a great wigwam;  
Where his forefathers lived and died  
Ere the white man came  
To the western plain to dwell by the In-  
dian's side.

Again he rides—  
In haste he strides his pony at the break of  
day  
Where the buffaloes hide, near the great  
divide,  
Once more he is up and away.

He awakes alone  
His pony is gone and the prairie has turned  
to fields  
The vision has fled  
The flowers are dead and the night with  
out campfire chills.

With each new subscription to Stellar Ray will be given free to *those who request it*, the first Monea lesson, which contains the foundation principles of Health, Happiness and Success. It very briefly and simply opens the door to a brighter and better plane of life for sincere seekers of real success. A lady who lives in Massachusetts writes "I have been unusually happy since the Monea lesson came, and things seem to be coming my way as never before and I have a good will feeling toward everybody."

A man from West Virginia writes, "The first Monea lesson came duly and has benefited me greatly. It thrilled me through as I read it and began to understand it, as it seemingly unfolded itself and its wonders to me. The help is not only spiritual, but temporal and seems to be a power that brings me good all the time."

This simple, wonderfully effective lesson will be sent free with each NEW SUBSCRIPTION TO STELLAR RAY.

### Love, the Goal.

No matter how estranged the path  
My feet have trod,  
No matter if through dark and devious  
ways  
I've climbed to meet my God,  
So I but reach my goal.

No matter if the ill spent hours, long past,  
Have held me in their thrall;  
If sorrows deep, have wrung my soul  
In anguish dire; what matters all,  
So I but reach the goal.

If raging billows have o'erspread the main  
And I have tossed a waif thereon,  
Why should I stay in gloom of night?  
'Twere better far to seek the coming dawn  
That leads me to the goal.

No matter if along life's way,  
I have been led  
O'er jagged stones that pierced my feet  
Until they've bled;  
So I but reach the goal.

No matter if I've had to bury self  
To mount the longer far height;  
No matter if my name e'en be forgot;  
So I but glimpse the light  
That leads me to the goal.

No matter if ambition has lain low  
My fondest hope by hardest stress;  
No matter if my friends are gone,  
And I know naught of Love's caress;  
Still I *must* reach the goal.

O BOUNDLESS LOVE, no matter if all  
joys of earth  
Forsake, and sorrow crush my heart;  
I still have THEE, the UNIVERSAL  
ONE,

Of which I am a *living part*;  
THOU art my GOAL.

—M. Evalyn Davis.

### Oh, Little Maid.

George W. Priest.

Oh, Little Maid, with the sunny hair,  
And face, like a flower pure and fair;  
What is your coming destiny,  
Oh! Little Maid with the sunny hair?

All is joyous and glad today,  
The heart is young and the heart is gay:  
With blue sly over and green grass under,  
And flowers blooming—the World is May!

Do you dream already and half prepare  
For a future splendid and wondrous fair!  
Of honors won and of goodness wrought,  
Oh! Little Maid with the sunny hair?

If you down the coming years could see  
What would your choice of a calling be?  
Would you be a singer, great and rare,  
With soul attuned to melody?

Or an actress, and have for your goal the  
stage  
With its mimic gladness and mimic rage?  
Now—to picture the people of today:  
Now—the vanished race of a bygone age?

Or yet a wife and mother maybe,  
And watch the revels of childish glee?  
Or, would you care for the poor and sick  
With wondrous patience and charity?

Oh, Little Maid, may your skies be fair,  
May your life be happy beyond compare!  
Whatever you do, may your dream come  
true.

Oh, Little Maid with the sunny hair!

### The Bath Time.

In connection with the question of the hour at which a bath should be taken the following simple rules may be useful. Take cold baths on rising in the morning and warm ones just before retiring (says "Health"). In taking Turkish or Russian baths, the hour need not be considered, except as in all baths, none of which should be taken less than an hour or so before or after meals. Where it is possible, use fresh, clean water for the bath. This is the nearest approach to distilled water, which is too expensive for general use. Soft water is next best to rain water, and a little borax or ammonia in hard water will soften it. Brisk rubbing should always

follow a bath; then the bath will do all that is claimed for it in the way of renovating the person, invigorating the system, increasing the fineness and softness of the skin, and making one look and feel younger. Throughout the winter and early spring it is best, if one is at all liable to chills, to take one's bath at night, just before going to bed. If taken in the daytime, brisk exercise immediately afterwards—either walking or dumb-bell practice—is highly beneficial.—*Health Record*.

### A New Cure For a Nosebleed.

In many experiments carried on during the last few years it has been ascertained that the mind controls to a wonderful ex-

tent the flow of blood to any particular part of the body. The following experiment has been tried as many as ten times by me, and has not failed once.

When the nose starts to bleed, immediately persuade yourself to believe that you are running with all your might up the steepest flight of steps you can think of or up a high hill; that is just think of doing either of these things and doing it fast. Think at the same time that you are carrying a heavy piece of baggage with both hands, and add thoughts of any other bodily exertion. You will be surprised at the quickness with which your trouble ends.

The explanation is that when we really

start to run more blood is given to the arteries supplying the muscles of the legs than they were receiving while at rest. This has been proved. As the same thoughts in the mind produce approximately the same bodily effects, if one merely thinks of running the blood is directed away from the head, as desired.

There are many common experiences of secretions started by thoughts. If one looks at a lemon and thinks of sucking it, his mouth immediately waters, and I have no doubt that many people who read this will have their mouths water from the simple reading.—*Lawrence Hodges, in Popular Therapeutics.*

## Psychic Research

### The Need of the Hour in Spiritualism.

From an Editorial in *Light*, a Journal of Psychical, Occult and Mystical Research Published in London, England.

*April 29, 1911.*

It is a commonplace that Spiritualism is based on the evidences of spirit presence, and that for these evidences mediums are indispensable. There is no need to labour the point, for thoughtful Spiritualists agree that inquirers and skeptics can only be convinced by manifestations that appeal to their reason, or their affection, or both, and carry conviction to their minds. It is equally certain that spirit people are mainly dependent on mediums for the power and opportunities to demonstrate their existence and identity, and it is for this reason that those who desire to see the basic truths for which Spiritualism stands triumphantly established deplore the fact that we lack today public mediums such as D. D. Home, Florrie Cook, Mrs. Everitt, Mrs. Mellon, Miss Wood, William Eglinton, Henry Slade, 'Dr.' Monck, and others, who, when their powers were at the highest, were often able to sit with investigators and obtain

manifestations which could not be questioned or gainsaid.

We recently invited our readers to participate in the consideration of several matters of vital importance to Spiritualism, and interesting comments and suggestions have appeared in 'Light' respecting the conduct of Spiritualist Sunday services, the scarcity of physical mediums, and the need for and value of test-conditions. In last week's issue Mr. Hanson G. Hey, the secretary of the Spiritualist National Union, contributed suggestive thoughts on some of these pressing problems, and Miss H. A. Dallas emphasized the need for test-conditions at seances for physical and materialization phenomena.

It should be remembered that, if our claims are as well founded as we believe them to be, Spiritualism is not and cannot be an exact science in the ordinary sense. In chemistry, for instance, the Professor knows that definite results follow upon the combination of certain chemicals in certain proportions, and if he does not secure those results is sure that there is something wrong. But in psychical research the medium is 'an unknown quantity,' the nature and extent of the influence of the sitters is unknown and incomputable, and, above all, the spirit operator has to be reckoned

with. He may or may not be competent, complaisant, and conscientious. He may approve or resent the tone and temper of the sitters, and attempt or refrain from attempting to comply with their conditions. He may amuse himself at their expense, or he may sincerely desire to meet their wishes and yet be quite unable to produce the desired manifestations.

These are a few only of the varied and perplexing probabilities when one is dealing with living entities who have their own ways of looking at things—which oftentimes are not 'our ways'—and whose feelings, aims, desires and methods are practically unknown to the inquirer. Investigators are practically in the hands of the unseen workers and dependent on their co-operation and goodwill for the success of their experiments. Researchers may insist on strict test-conditions with the very best intentions—to establish beyond peradventure the spirit origin of the phenomena—but if the operator at the other end is not of the same way of thinking, if the medium does not fully appreciate the necessity for extreme precision and only grudgingly accedes to the request for tests, if the sitters are impatient and divided in opinion respecting the methods to be employed, then failure is inevitable.

Mr. G. Spriggs, Mr. James Coates, and many others sincerely deprecate the imposition of test-conditions on the ground that it is best that the spirit operators, who know more of the difficulties of their task

than we do, should be assisted, sympathetically, to do their best, and that they will then provide phenomena which will be convincing. And, say they, no scientific man would tolerate the interference in his experiments of an ignorant person, and spirit scientists are fully justified in declining to submit to the dictation of those who do not understand. This, however, while it is right and reasonable from one point of view, is assuming the fact regarding which the investigator is in the dark and desires to ascertain the truth. The average inquirer does not admit spirit agency; does not believe, or is incredulous, when spirit operators are mentioned. Naturally, he asks, 'Why should I admit that which I ask you to prove? I am seeking evidence, yet you ask me to believe before I am satisfied. Don't you think you are unreasonable?'

What is needed on both sides, it seems to us, is a little imagination and a little patience. If the Spiritualist will try to put himself in the inquirer's place he will recognize the reality of the beginner's difficulty. If the researcher will listen to the Spiritualist who counsels patience and openmindedness he will realize that nothing is to be gained by being too exacting. The fact is, to use a familiar phrase, 'Everything comes to those who can wait'—long enough—provided that they work to secure the desired result, and the best of all methods, now as in the past, is the home circle for development and loyal co-operation with loving spirit friends.

## Books and Periodicals

### MISCELLANEOUS REVIEW

#### **Illuminated Lessons and Treatments in the Science of Life.**

ANNA V. HARPER RUTHERFORD.

A new book filled with Life and Love and Healing. These gems of Truth are like diamond flashes, emitting rays of Light and Goodness, showing the beautiful nature and aspects of Life, and how one may come into conscious realization of it in manifestation.

"Illuminated Lessons" is not only a work of Inspiration, but the exposition of the

actual demonstration of the author.

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Bound in cloth, gold stamped, \$1.00; paper cover, 50c.

Send orders direct to the Author, 112 West 8th Street, Pueblo, Colo.

## Alexander Almanac.

(Published in New York City by  
Alexander.)

This is a work of unusual merit to which it is impossible to do justice in any brief review. It contains a vast amount of astronomical data concerning the stars and planets, also defines their astrological influences upon human life in clear, concise language, readily understood. It cannot fail to be intensely interesting to those who desire to know something of the electric and magnetic forces dominant at the time of birth.

There are tables by which one may determine the propitious times to act along certain lines of endeavor, also when to remain passive and avoid the adverse influences. It is a storehouse of priceless information for each individual and should be in every family, with its helpful data, regarding health, adaptability, characteristics, and the times of the positive and negative influences, bearing upon all, like the ebb and flow of the tide, showing when to take advantage of the rising tide of health and fortune and to fortify against the ebb of vitality and forcefulness.

This book contains 50 pages, magazine size, with paper cover, price 50 cents, postage free. For sale by THE STELLAR RAY Book Department. Order one of these valuable booklets today, you will never regret it.

\* \* \*

## The June Woman's Home Companion.

See our Special Subscription Offer on inside back cover page.

The JUNE WOMAN'S HOME COMPANION is interesting and useful in a great variety of ways. One of its splendid features, particularly entertaining and valuable at the present time, is a description of a large number of "safe and sane" celebrations of the Fourth of July which actually took place last year. These reports are full of ideas and suggestions which, as fast as they are put into effect, will save legs, arms and lives. And the great point is that the children who enjoyed these celebrations had a better time than they ever had in the old way. The new forms of entertainment that have been devised, and that are

reported in this month's COMPANION, are really amazing in extent and ingenuity.

There are six other special articles in the number. One of these is on "The Etiquette of Weddings." Another is on Infant Mortality. All of the articles are full of practical suggestions. One very interesting article is called "My Happiest Vacation."

The fiction in this month's COMPANION is notable. There is a splendid story by Elizabeth Stuart Phelps, the last piece of work written by this famous author shortly before her death a few months ago. Other stories are contributed by Marion Hill, C. N. and A. M. Williamson, Zona Gale, Fannie Heaslip Lea and others.

The special departments in the magazine, now numbering eleven, added to the great fashion and household sections, which particularly distinguish the WOMAN'S HOME COMPANION, complete the number for June. See inside back cover page, for our special combination offer.

\* \* \*

## Vol. VII Science and Key of Life.

By Alvidas, et al.

Containing Planetary Influences with  
Stellar Palmistry.

This volume is an important addition to this set of books containing much interesting matter and original ideas and the theory advanced therein as to the cause of Sun spots is particularly striking not only for its originality but for its probability and common sense. In arguing against the generally accepted idea that Jupiter is a strong factor in the cause of Sun spots it is said, "Considering again the idea that Jupiter is in any manner associated with these Sun spots, it may be demonstrated to the satisfaction of the student, that a careful examination and investigation of the various Sun spots, maximum and minimum, will show that some of these have taken place when this planet was near perihelion, and still others when he was near aphelion. This is significant, and by going back over the history of the Sun spots, as observed by various individuals, upon the Earth, it will be found that the planets of this system were scarcely ever in the same relative position, individually or collectively, when these Sun spots were visible, thus more



clearly demonstrating that these spots were due rather to outside causes, realizing the great unexplored fields of space that lie beyond our solar system.'

Among so much information necessary to astrological students it is difficult to lay stress on any one subject discussed over another but I feel that the chapter on the Sun's retrograde movement through the signs with the prophecy of the wonderful progress to be made by the inhabitants of this world during the next ten years must not be overlooked. This and the intelligent discussion of the old question of Fate vs. Free Will are matters that will appeal to every reader. The last half of the book is taken up with a clear exposition on the correspondence between astrology and palmistry, laying a scientific basis for the latter which will captivate every student of the stars.

Bound in silk cloth and gold. Price \$2. Astro Publishing Company, Hodges Building, Detroit, Michigan.

STUART ARMOUR.

### Religious Lessons of Modern Dramas.

Rev. Lee S. McCollester, pastor of the Church of Our Father, in Detroit, told his

parishioners recently that certain modern dramas on religious topics had made a decided impression on the public.

"In olden times," said Mr. McCollester, "for instance, in ancient Greece, the drama was in a way synonymous with religion. Now take three recent plays I have in mind, 'The Return of Peter Grimm,' 'The Passing of the Third Floor Back,' and 'The Servant in the House.' These three plays are deeply religious in their trend and sentiment."

"The Return of Peter Grimm," which Mr. McCollester referred to in particular, is the story of a lovable Dutch florist who promises his friend, a Scotch doctor, that he will come back after death if he can. He does return, partly for the reason that he wishes to rescind an arrangement he made in life, to the effect that his step-daughter should marry his nephew. He makes himself known through a little child, delicate and near death.

The moral of the play to which Mr. McCollester pointed was that the playwright had made Peter's spirit say that the life after death is pleasant and that he wishes to return to it as soon as his ghostly mission is fulfilled.

## The Swastika For Success



## Success Club All Seekers

June Affirmation: *Success is Ours Now.*

We are not selfish and wish for our own success alone. We want it to come to us all at the same time. Success is ready for you and for me TODAY and it is our fault if it is not apparent.

We were so glad to hear from some of our members who received our Success Telepathic message correctly. We have not yet heard from any who got the April message exactly, but from the many lovely letters we are getting, many of you received the spirit of the message.

The apparent evil mentioned that concerned many of us was some trouble the

Oil Co. was having. Something very good has come of it, but too much to explain here, though I will explain it to all who are interested.

The work was stopped for a while. Now the Co. has appointed me to take entire charge and they have full confidence in my ability to make a success of it. I decided that it would be best to let the Swastika well wait until this one is completed. If oil should not be found here, we have the offer of a lease where there is plenty of oil.

The well here is 1,550 feet now. They stopped in very hard rock. I had it analyzed and it is paradise of iron, just what is found



right over the oil in many of the best wells. A very successful oil man tells me it is his opinion we will find the oil right under that rock. We do not know how long it is going to take to get through it and it may have to go to 2,200 feet. We do not wish to start drilling again until June 1st.

Every member of the S. S. Club may take the stock at \$1 a share until June 10th, though the price will go up June 1st. In sending orders after June 10th, state if you wish the money returned if too late or held for stock in the Swastika well.

I certainly do want to see you all make something and I have made an arrangement by which no one can lose their money if no oil is found.

With every share I sell in the Penn.-Vir. Co. at \$1, I will give a share in the "Investors Security Pool." This pool is composed of stock in many other good companies in states where fortunes are being made in oil. We have now nearly 20,000 shares in companies with oil and gas holdings in five well known oil states. We got this stock when it was very low. Now it is worth more than double. They have several wells already paying. We have option on as much more stock and are constantly adding to it stock in companies recommended by "The Investors Protective Association of America." This will pre-

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